



HONG KONG COLLEGE

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PHYSICIANS SYNAPSE



Photograph by

Professor Richard YH YU

Message from the Editor

Competency-based medical education (CBME) focuses on the competencies that a trainee is expected to acquire in the training programme, and these include knowledge, skills, attitudes and professionalism. This competency-based approach represents a paradigm shift in medical education programmes. This issue of Synapse is pleased to feature two articles on CBME including "Future Perspective on Post-graduate Medical Training – Competency-Based Medical Education" by Prof Daniel TM CHAN, Dr Johnny WM CHAN and Dr Yee Man KAN, and "A Paradigm Shift in Critical Care Medicine Training: Competency-Based Medical Education (CBME)" by Dr Wing Yiu NG.

Also, "Lunch with ..." is a newly introduced column in this issue. Dr Jacqueline SO and Dr Heyson CHAN met with Dr Candy Hoi Yee KWAN over lunch, to learn about recent developments in advancing structured training programmes under the College and her passion in medical education.

The College has decided to adopt a more environmentally-friendly approach in communications by transitioning to electronic distribution of Synapse, starting from the next issue. Hard copies will only be sent to institutions, overseas colleges, etc. If you would like to continue receiving a hard copy, please email our College at enquiry@hkcp.org with your full name and institution/clinic address.

Dr Kwok Keung CHAN Editor



HONG KONG COLLEGE OF PHYSICIANS

Hoom 603 Hong Kong Academy of Medicine Jockey Club Building 99 Wong Chuk Hang Road Aberdeen

Hong Kong

Tel 2871 8766 Fax 2556 9047 email enquiry@hkcp.org College Website http://www.hkcp.org

Synapse and Communications Committee

Editor

Dr KK CHAN

Co-Editors

Dr Heyson CH CHAN
Dr Thomas SY CHAN
Dr HY KWAN
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Future Perspective on Post-Graduate Medical Training – Competency-Based Medical Education

Prof Daniel TM CHAN

President, HKCP

Dr Johnny WM CHAN

Vice-President, HKCP Chairman, Education and Accreditation Committee

Dr Yee Man KAN

Member, Training Subcommittee Education and Accreditation Committee



The inaugural HKCP Basic Medical Education Course was led by the HKCP training subcommittee and Dr YF CHOI, an esteemed medical educator from the Hong Kong College of Emergency Medicine

The training programme for physician trainees has been largely subject-centered and time-based. While the Interim Assessment serves a formative objective, the Exit Assessment is largely summative and focuses more on knowledge and clinical management. Continuous assessment and interactive appraisal during training, and structural feedback to trainees on clinical

skills and professional attributes such as communication, ethics and attitude have been considered inadequate. To address these deficiencies, the College is moving towards competency-based training with increased emphasis on regular feedback under the work-place setting. Competency-based medical education (CBME) can address inadequacies in

traditional medical education. CBME is an outcomes-based approach applicable to the design, implementation, assessment, and evaluation in a medical education program. The focus of CBME is on the competencies that a trainee is expected to acquire in the training programme, and these include knowledge, skills, attitudes and professionalism. At the completion of a training programme, the trainee should be able to demonstrate the respective competencies relevant to the discipline. Through this approach, the training promises greater accountability, flexibility and learnercenteredness, and training continues until the time the desired standard of relevant competencies is achieved. The assessments during the course of training are formative in nature, and feedback plays a critical role. Appraisal and feedback are conducted, and documented, on a regular basis. CBME focuses on the desired and observable ability of trainees in their real-life medical practice. CBME is increasing adopted internationally in professional training programmes, and the evolvement to this competency-based approach represents an important paradigm shift in medical education programmes.

In order to stay current with evolving medical educational approaches, the implementation of CBME in internal medicine training in Hong Kong has begun. The specialty board of Advanced Internal Medicine under the Hong Kong College of Physicians has, over the past few years, spearheaded the Basic Medical Education Training Courses, and will start Work-Place Based Assessment workshops very soon, aiming to equip our Physician Trainers, curriculum writers, faculty members and indeed all physician colleagues with the necessary knowledge, skills and teaching methodologies in medical education for training and professional development

of young physicians. Considering the fact that CBME is a relatively new concept in postgraduate clinical training locally, we wish to raise the awareness of this global trend and imbue the basic principles and knowhow among colleagues. The large number of College Fellows and Physician Specialists and Medical Subspecialties are obvious challenges, since there is much variation between subspecialties in the competencies required in clinical practice. The first Basic Medical Education Training Course was conducted in 2022, involving a group of subspecialty experts and Board leaders. They got together and identified the key competencies and clinical scenarios in relation to CBME to be included in the training course, and devised the course contents and format. The work of enhancing CBME under our College has continued since then. Engaging with key stakeholders in our subspecialty Boards, Education & Accreditation Committee (E&AC), Training Subcommittee, and taking reference from work done by the Hong Kong Academy of Medicine, are key to successful implementation. Support from the Hospital Authority is crucial, since physician training programmes are conducted predominantly in public healthcare facilities.

In line with the move towards CBME, the College is reviewing and updating the training curriculum and guideline for all subspecialties, with increased emphasis on the various competency domains and the performance standard to be attained. Competency-based work-place based assessment, which is already in place in the Critical Care Medicine training programme, will be introduced in the training programmes of other specialties. The objective of these reforms in curriculum, training and assessment is to develop a competency-

based Physician Training framework which is relevant to the Hong Kong context, in regards to healthcare needs and the work-place environment in our local community, so that our Physician Training Programmes are not only fit-for-purpose but also our Physicians and the standard of Internal Medicine in Hong Kong continue to be on par with the best internationally.

Faculty development to align with CBME should not be only perfunctory. CBME working groups have been established at College level to facilitate knowledge sharing and best practice adoption. We have not underestimated the challenges of, or even resistance to, the paradigm shift from the ingrained traditional time-based input-driven training mode towards CBME. Adopting the CBME approach requires significant changes in behavior and practice on the part of both learner and trainer. The College is also investing considerable financial and human resources for faculty development, assessment infrastructure and technological support. Ensuring colleagues as Physician Trainers have the time and resources to engage in CBMErelated activities may also be a challenge in the context of our overwhelming healthcare workload. Therefore, it is crucial to foster

effective collaboration and coordination among diverse stakeholders, both within the College and outside the College with partnering organizations, the latter including the Hospital Authority and professional organizations. An inclusive stakeholder engagement strategy is advocated to ensure continuous support for the implementation of CBME. The benefits and rationale for CBME have to be well-articulated and communicated to all stakeholders, including trainees, faculty and professional or regulatory bodies. The College is cognizant of the demands and challenges on all parties, and has adopted a considered stepwise approach, carefully evaluating the effectiveness and acceptance of novel initiatives, which in turn informs the pace of change. The College has and will continue to work and benchmark with the Royal Colleges of Physicians in the U.K. and the Royal Australasian College of Physicians on faculty development and the training of trainers. The move towards CBME marks an important step in the development of Physician Training Programme in Hong Kong. The College is appreciative of the enthusiasm, engagement and strong leadership of colleagues spearheading the various initiatives, which play a pivotal role in its successful implementation.



The first HKCP BMEC saw participants from different subspecialties



A Paradigm Shift in Critical Care Medicine Training: Competency-Based Medical Education (CBME)

Dr Wing Yiu NG

Chairman, Specialty Board in Critical Care Medicine Member, Training Subcommittee Education and Accreditation Committee

Traditional medical education has focused on acquisition of knowledge through the completion of a predefined set of training milestones. However, limitations were observed with such a learning approach upon its utilization in preparing physicians for the complex and dynamic challenges encountered in Critical Care Medicine (CCM).

Building up expertise in Critical Care Medicine (CCM) has all along been considered to require education and training with more than mere theoretical knowledge alone. It encompasses a broad range of skills, including clinical decisionmaking, effective communication, interprofessional collaboration, professionalism, and leadership. As a result, the Subspecialty Board of Critical Care Medicine has taken a pioneering step with the introduction of competency-based medical education (CBME) into the Higher Physician training curriculum of Critical Care Medicine.

The adoption of CBME approach in the CCM training curriculum has undergone enormous amount of preparations. In 2018, the CCM Board, in collaboration with the Board of Intensive Care Medicine of the College of Anaesthesiologists, established a dedicated

Curriculum Reform Workgroup, with the primary objective of revamping our training curriculum towards a CBME approach.

In the subsequent three years (2018-2021), the Workgroup had conducted more than 20 meetings, during which extensive discussions, brainstorming, and deliberations had taken place amongst members to share our diverse perspectives, insights, and experiences in clinical practice and medical education in a collaborative and inclusive manner. To ensure that our curriculum reform was carried in an evidence-based approach and in line with international standards, rigorous literature reviews had been conducted in the planning process, encompassing the up-to-date literature on CBME, competency frameworks, and best practices in medical education. Leveraging on the wealth of knowledge available in the field, the workgroup had obtained deeper insights of the potential benefits of CBME and its subsequent implementation in our training curriculum.

An important step and decision made by the Workgroup in the reform process was the alignment of our training curriculum with the CoBaTrICE (Competency-Based Training in Intensive Care Medicine in Europe) syllabus developed by the European Society of Intensive Care Medicine (ESICM). The alignment step was

considered advantageous in ensuring the standards and requirements of our local training program to be closely adhered to the essential competencies required under international standards. During the meticulous analysis of the CoBaTrlCE syllabus and its incorporation into our local training framework, the Workgroup had identified areas where modifications and additions were necessary to suit the unique requirements, context of the local CCM practice and training in Hong Kong. During the curriculum revision process, apart from the requisite knowledge and skills, the Workgroup had also considered the importance of the right attitudes and behaviors expected of a competent CCM practitioner. As a result, the revised curriculum, implemented in July 2023, has covered a wide range of competencies across different domains, including patient assessment and management, technical procedures, ethical and legal aspects, communication, and quality improvement.

Through the comprehensive curriculum reform process, we have successfully integrated CBME principles into our CCM training program. We are confident that the paradigm shift in medical education will enhance the educational experience of our trainees, who would be better prepared towards the dynamic and evolving landscape of intensive care medicine.



Roll-Signing Ceremony, 23 February 2024

The Royal College of Physicians of Edinburgh held a Roll-signing ceremony on 23 February 2024. More than 60 Edinburgh Fellows in Hong Kong signed the Roll on that day. Our College hosted a dinner in honour of Prof Andrew Elder, President of the Royal College of Physicians of Edinburgh, after the event.











Dinner with President of Royal College of Physicians and Surgeons (Glasgow), April 2024

Mr Mike McKirdy,
President of the Royal
College of Physicians
and Surgeons (Glasgow),
visited Hong Kong in
April 2024. Our College
officers had a joyful
dinner with Mr McKirdy
on 23 April 2024 and
discussed ways to further
collaboration between
the two Colleges.



The Specialty Board in AIM had its 100th Board Meeting on 28 June 2024



A cake to commemorate the 100th meeting of the AIM board



President Prof TM CHAN, Chairman Dr Jason NG and other AIM board members at 100th AIM board meeting

President Prof Daniel TM CHAN was invited to participate in the 2024 College Ceremony of the Royal Australasian College of Physicians (RACP) on 18 May 2024



RACP President Prof Jennifer MARTIN and College President Prof Daniel TM CHAN

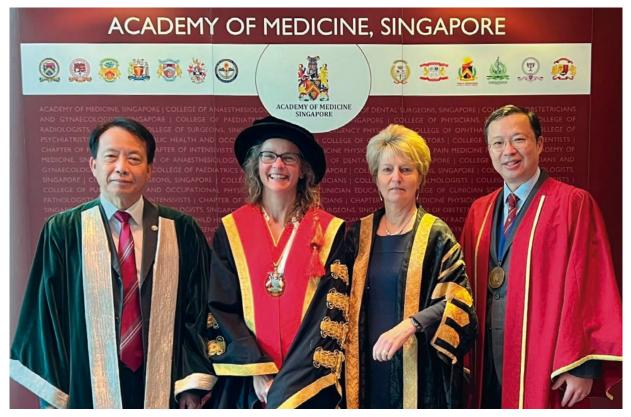


College President Prof Daniel TM CHAN presenting the College plaque to RACP President Prof Jennifer MARTIN



(Left to Right) College President Prof Daniel TM CHAN, RACP Past President Dr Catherine YELLAND, Academy of Medicine of Malaysia Prof Rosmawati MOHAMED, Royal College of Physicians and Surgeons of Glasgow President Mr Mike MCKIRDY

Vice-President Prof Anthony CHAN represented our College in the 57th Singapore — Malaysia Congress of Medicine 2024 on 19 - 21 July 2024



From left to right: Prof Philip LI, Prof Jennifer MARTIN, Dr Sarah CLARKE and Prof Anthony CHAN attended the 57th Singapore – Malaysia Congress of Medicine 2024 on 19 - 21 July 2024

Announcement

The College has decided to adopt a more environmentally-friendly approach by transitioning to electronic distribution of Synapse, starting from the next issue. Hard copies will only be sent to institutions, overseas colleges, etc. We understand that some members may still prefer to receive a physical copy. If you would like to continue receiving a hard copy, please email our College at enquiry@hkcp.org with your full name and institution/ clinic address. We believe this change will help reduce our environmental impact and align with the College's sustainability goals.

If you have any questions, please contact the College office at 28718766.

Congratulations

Dr TSANG Tak-yin Owen, Consultant at Princess Margaret Hospital and Medical Director of HA Infectious Disease Centre, Specialist in Infectious Disease, is a recipient of the 2024 Hospital Authority Outstanding Staff Award. Dr Tsang is the Past Chairman of Specialty Board in Infectious Disease and past member of Education and Accreditation Committee.



Dr KONG Shun-yin, Associate Consultant at Pok Oi and Tin Shui Wai Hospitals and Specialist in Haematology and Haematological Oncology, is a recipient of the 2024 Hospital Authority Young Achiever Award. Dr Kong obtained Fellowship of Hong Kong College of Physicians in 2020.



Statistics on Fellows and Trainees in all Specialties (as of 21 May 2024)

Specialty	No. of Fellows	No. of Trainees
Cardiology	339	44
Clinical Pharmacology & Therapeutics	10	0
Clinical Toxicology	5	0
Critical Care Medicine	120	23
Dermatology & Venereology	125	17
Endocrinology, Diabetes & Metabolism	145	23
Gastroenterology & Hepatology	246	32
Geriatric Medicine	228	29
Genetics and Genomic (Medicine)	22	0
Haem/Haem Oncology	95	9
Immunology & Allergy	8	2
Infectious Disease	55	9
Internal Medicine	1782	346
Medical Oncology	58	12
Nephrology	167	17
Neurology	168	17
Palliative Medicine	41	14
Rehabilitation	66	10
Respiratory Medicine	230	26
Rheumatology	107	18

Education & Training Activities in 2024

(1) Advanced Medical Simulation Course (AMSC)

Co-organized by Hong Kong College of Physicians and COC (Med)

Date: 26, 27 February 2024

1, 2, 5, 6, 8, 9 March 2024

(2) Core Medical Skill Course (CMSC)

Co-organized by Hong Kong College of Physicians and COC (Med)

Date: 7, 10, 17, 21 August 2024

(3) General Medicine Quarterly Update (GMQU)

Organized by Training Subcommittee, Hong Kong College of Physicians

Date	Topic	Speaker
28 February 2024	Pneumonia/Pneumonitis in a Cancer Patient: What can it be?	Dr Siu Ching LI (Department of Clinical Oncology, Prince of Wales Hospital)
22 May 2024	Clinical Reasoning in Real Time in the Real World	Dr Woon Leung Eric NG (Department of Medicine & Geriatrics, United Christian Hospital)
21 August 2024	Consultative Dermatology for Physicians	Dr Christina Man Tung CHEUNG (Department of Medicine & Therapeutics, Prince of Wales Hospital)
20 November 2024	To be announced	To be announced

(4) Basic Medical Education Course

Organized by Training Subcommittee, Hong Kong College of Physicians

Date: 22 & 29 June 2024

(5) **HKCP Trainees Conference**

Organized by Training Subcommittee, Hong Kong College of Physicians

Date: 24 August 2024

Case Reports that Received Highest Scores at AIM Interim Assessment

Candidates who take part in the AIM Interim Assessment need to submit case reports. The good examples of case reports of each examination diet have been uploaded to our College website: https://www.hkcp.org/hkcp/advance-internal-medicine.html. Below is the information on the case reports for the June 2024 diet:

Case report title	Name of the candidate	Department and Hospital
A case of immune thrombocytopenia with relapse	Dr Man Yan Audrey HO	Department of Medicine & Geriatrics, Pok Oi Hospital
Uncontrollable seizures, hyponatremia, and cognitive decline – A case of anti-LGI-1 antibody autoimmune encephalitis	Dr Victor Ll	Department of Medicine, Queen Mary Hospital
An unusual stroke patient with a temperature	Dr Chi Shing LIU	Department of Medicine & Geriatrics, Ruttonjee Hospital

Update on the MRCP(UK) Examination

Prof Eric Wai Choi TSE

Chairman, Examination Committee

The post-graduate training in Internal Medicine in Hong Kong is under the auspices of the Hong Kong College of Physicians (HKCP). Briefly, there is a 3-year programme of Basic Physician Training (BPT), followed by a 4-year of Higher Physician Training (HPT) in a chosen medical subspecialty together with Advanced Internal Medicine. One of the most important criteria for entering HPT is passing the Intermediate Examination of the HKCP. which is held jointly with the Membership of the Royal Colleges of Physicians of the UK (MRCP(UK)) examination. There are two written and one clinical assessments in the MRCP(UK) examination, viz, Part 1, Part 2 (Written), and the Practical Assessment of Clinical Examination Skills (PACES). The HKCP is organising and running the full MRCP(UK) examination locally, with each part of the examination being held twice a year (Diet 1 and Diet 3) in Hong Kong.

Changes in the MRCP(UK) Part 1 and Part 2 (Written)

Both Part 1 and Part 2 (Written) are no longer pen and paper written examinations but are computer-based at present. For the last Diet in January and February 2024, trainees in Hong Kong sat the written examinations at designated venues or centres using the computer facilities provided there. In the UK, they are planning to move towards full online remote proctored (ROP) examinations, in which candidates may sit the examinations at home or in a quiet environment using their own computer system for the examinations that are monitored by online invigilator in real time (referred to as a proctor). Candidates will

also be recorded, and footage will be held to review later, if necessary. For ROP, specific IT set up is recommended by the MRCP(UK) Central Office, which will be updated by the MRCP(UK) Office at the right time.

From 2025 onwards, trainees may choose either ROP or in-centre computer-based examinations for Part1 and Part2 (Written) in Hong Kong, depending on their preference.

Applications for sitting Part 1 and Part 2 (Written) examinations from 2025

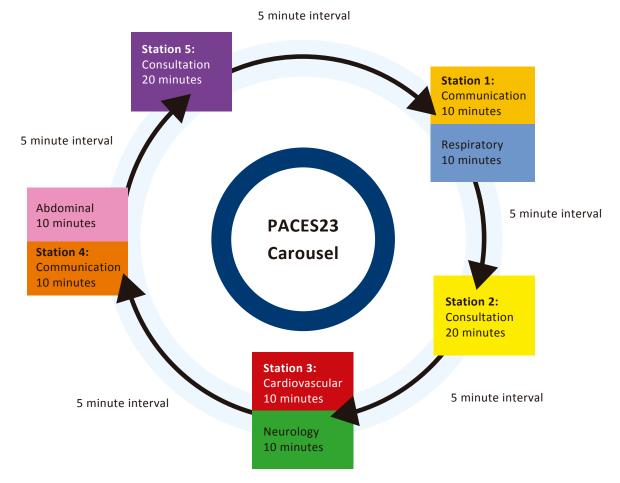
To apply to sit the Part 1 and Part 2 (Written) examinations, candidates are required to open a MyMRCP(UK) online account. For details, one may refer to the MRCP(UK) website https://www.thefederation.uk/examinations

The examination dates and the application periods can also be found in the MRCP(UK) website. HKCP will open the application for Hong Kong trainees two weeks before the official application starting dates as shown in the MRCP(UK) website. Applicants are required to submit their applications to the HKCP using a designated form. A certified true copy of the primary medical degree certificate (for MRCP Part I candidates only) is also required for verification of the candidate's medical qualification. In addition, examination fee should be paid to the HKCP. After confirming the eligibility to sit the examinations, candidates will be notified by the HKCP and they should then apply to sit the examinations through the MyMRCP(UK) online account. No payment via the MyMRCP(UK) account is needed.

MRCP(UK) PACES

A new format of PACES, also known as PACES2023 was introduced since the 3rd Diet in 2023 in almost all MRCP(UK) examination

centres. There are five clinical stations in each examination and candidates are assessed by two independent examiners in each station. The following diagram shows the five PACES stations in an examination carousel.



Source: https://www.thefederation.uk/examinations

Seven skills (Physical Examination, Identifying Physical Signs, Clinical Communication, Differential Diagnosis, Clinical Judgement, Managing Patients' Concerns, and Maintaining Patient Welfare) of the candidates are assessed in the examination. Different numbers and combinations of skills are assessed at each encounter. The details including sample mark sheets are available in the MRCP(UK) website.

In Hong Kong, trainees have sat the new format of PACES since October 2023. Their performance for the last two PACES examination were largely comparable to that of the previous PACES format. The passing rates were 52% in Oct 2023 and 57% in April 2024. For those who were

unsuccessful, many had failed in the skill of "Identifying Physical Signs", often resulting in a linked failure in the skills of "Differential Diagnosis" and "Clinical Judgement". It would be advisable for candidates to practise and hone their clinical skills before PACES. Secondly, in the Communication encounters and Consultation Stations, many of the unsuccessful candidates failed to ask and address the patients' concerns directly, leading to "Unsatisfactory" scores. A number of sample scenarios in Communication and Consultation are available in the MRCP(UK) website for reference. Finally, there are also other video resources in the website that are extremely helpful for candidates to better prepare for the examinations.

MRCP(UK) limited attempts policy

With effect from January 2024, all candidates are permitted a maximum of **SIX attempts** only at each part of the MRCP(UK) examination. One additional (i.e. the 7th) attempt will be allowed on the condition that the candidate has demonstrated they had gone through educational activity that would assist them to pass the examination. Supervisor and Programme Director have to

sign a form confirming that the candidate has demonstrated an improvement in knowledge and skills such that the candidate is likely to pass at the 7th attempt. Such additional attempt requests based on exceptional circumstances WILL NOT be considered. Further information on the limited attempts policy can be found at the MRCP(UK) website.

https://www.thefederation.uk/examinations/guidance-and-information/regulations/limit-attempts

Examination Dates for Joint HKCPIE/MRCP(UK)

As the new format of Part I and Part II (Written) examinations will be implemented starting from January 2025 (for candidates to attempt the examination either at the computer-based centre or online at candidates' own places), our College will start the local application period for Part I and Part II (Written) examinations two weeks before the official application periods that are stated on the MRCP(UK) website. All candidates should apply to our College during the local application period for vetting before they can be allowed to proceed to the MRCP (UK) website for online registration during the UK official application period. Details will be announced in due course.

Information on examination dates in 2025

Type of examination	Examination date	HKCP local application period*	Official application period on the MRCP(UK) website
Joint HKCPIE/MRCP	22 January 2025	21 October –	4 – 11
Part I examination		1 November 2024	November 2024
Joint HKCPIE/MRCP	17 September 2025	23 June –	7 – 14
Part I examination		4 July 2025	July 2025
Joint HKCPIE/MRCP	26 March 2025	23 December 2024	6 – 13
Part II (Written) examination		- 3 January 2025	January 2025
Joint HKCPIE/MRCP Part II (Written) examination	22 October 2025	28 July – 8 August 2025	11 – 18 August 2025

^{*} HKCP local application period will be 2 weeks before the official application period set by the MRCP (UK) Central Office on their website.

Examination Calendar

Please take note of the following Interim and Exit Assessment dates for various Specialties:

	Interim Assessment date	Exit Assessment date
Advanced Internal Medicine	7 December 2024	14 December 2024
Cardiology	21 December 2024	21 December 2024
Clinical Pharmacology & Therapeutics	Nil	Nil
Critical Care Medicine	23 November 2024	23 November 2024
Dermatology & Venereology	2 November 2024	2 November 2024
Endocrinology, Diabetes & Metabolism	22 November 2024	22 November 2024
Gastroenterology & Hepatology	21 December 2024	21 December 2024
Geriatric Medicine	30 November 2024	30 November 2024
Haematology & Haematological Oncology	16 November 2024	16 November 2024
Infectious Disease	7 December 2024	7 December 2024
Immunology & Allergy	Nil	Nil
Medical Oncology	14 December 2024	Nil
Nephrology	5 December 2024	5 December 2024
Neurology	9 November 2024	9 November 2024
Palliative Medicine	30 November 2024	30 November 2024
Rehabilitation	2 December 2024	2 December 2024
Respiratory Medicine	14 December 2024	14 December 2024
Rheumatology	3 December 2024	3 December 2024

Pass Rate for the Joint HKCPIE/MRCP(UK) Part I Examination:

	Sitting	Pass
September 2002	100	33 (33%)
January 2003	124	55 (44%)
May 2003 (SARS Special)	21	7 (33%)
September 2003	54	29 (54%)
January 2004	93	39 (42%)
September 2004	29	16 (55%)
January 2005	96	68 (70.8%)
September 2005	24	15 (62.5%)
January 2006	95	74 (80%)
September 2006	21	13 (62%)
January 2007	87	67 (77%)
September 2007	23	12 (52%)
January 2008	56	38 (68%)
September 2008	47	32 (68%)
January 2009	59	47 (80%)
September 2009	47	28 (60%)
January 2010	45	28 (62%)
September 2010	62	39 (63%)
January 2011	44	23 (52%)
September 2011	64	49 (77%)
January 2012	45	28 (62%)
September 2012	80	59 (74%)
<u> </u>	41	
January 2013	76	22 (54%)
September 2013		60 (79%)
January 2014	30	20 (67%)
September 2014	84	64 (76%)
January 2015	29	20 (69%)
September 2015	100	71 (71%)
January 2016	33	18 (55%)
September 2016	84	63 (75%)
January 2017	36	19 (53%)
September 2017	69	56 (81%)
January 2018	25	12 (48%)
September 2018	108	74 (69%)
January 2019	43	19 (44%)
September 2019	96	64 (67%)
January 2020	41	20 (49%)
September 2020	109	101 (93%)
January 2021	33	20 (61%)
August 2021	106	63 (59%)
May 2022	65	48 (74%)
August 2022	104	75 (72%)
May 2023	36	20 (56%)
August 2023	109	63 (58%)
January 2024	71	35 (49%)

Pass Rate for Joint HKCPIE/MRCP(UK) Part II (Written) Examination:

	0:44:	Dana
	Sitting	Pass
2 July 2002	53	27 (51%)
13 November 2002	50	24 (48%)
13 August 2003	110	62 (56%)
10 December 2003	54	31 (57%)
28 July 2004	65	42 (65%)
8 December 2004	46	32 (70%)
13 April 2005	32	15 (47%)
27 July 2005	76	56 (74%)
7 & 8 December 2005	26	16 (62%)
12 & 13 April 2006	29	13 (45%)
26 & 27 July 2006	91	68 (75%)
6 & 7 December 2006	33	18 (55%)
11 & 12 April 2007	34	22 (65%)
25 & 26 July 2007	80	70 (88%)
5 & 6 December 2007	19	13 (68%)
9 & 10 April 2008	21	13 (62%)
30 & 31 July 2008	47	36 (77%)
3 & 4 December 2008	17	10 (59%)
8 & 9 April 2009	32	25 (78%)
29 & 30 July 2009	50	43 (86%)
25 & 26 November 2009	12	7 (58%)
7 & 8 April 2010	41	34 (83%)
28 & 29 July 2010	25	19 (76%)
24 & 25 November 2010	8	2 (25%)
6 & 7 April 2011	45	35 (78%)
23 & 24 November 2011	32	25 (78%)
28 & 29 March 2012	55	43 (78%)
12 & 13 December 2012	57	44 (77%)
10 & 11 April 2013	60	52 (87%)
11 & 12 December 2013	48	34 (71%)
9 & 10 April 2014	54	46 (85%)
10 & 11 December 2014	26	25 (96%)
25 & 26 March 2015	53	45 (85%)
9 & 10 December 2015	68	65 (96%)
6 & 7 April 2016	29	28 (97%)
7 & 8 December 2016	62	50 (81%)
29 & 30 March 2017	25	21 (84%)
28 & 29 November 2017	58	54 (93%)
27 March 2018	21	14 (67%)
24 October 2018	20	. ,
26 March 2019	79	15 (75%)
		71 (90%)
22 October 2019	17	12 (71%)
27 October 2020	87	77 (89%)
23 March 2021	107	84 (79%)
5 October 2021	44	32 (73%)
1 Jun 2022	61	49 (80%)
7 September 2022	56	40 (71%)
2 February 2023	78	60 (77%)
6 September 2023	40	25 (63%)
21 February 2024	71	59 (83%)

Pass Rate of PACES over the Past Years:

October 2001	36/72 = 50%
February 2002	34/74 = 46%
October 2002	29/72 = 40%
February 2003	30/69 = 43%
October 2003	27/59 = 46%
March 2004	39/64 = 61%
October 2004	26/69 = 38%
March 2005	35/75 = 47%
October 2005	28/75 = 37%
March 2006	36/75 = 48%
October 2006	16/73 = 22%
March 2007	44/74 = 59%
June 2007	44/74 = 59%
October 2007	36/55 = 65%
March 2008	36/74 = 49%
October 2008	29/65 = 45%
February 2009	39/75 = 52%
October 2009	24/72 = 33%
March 2010	33/75 = 44%
October 2010	40/74 = 54%
February 2011	23/66 = 35%
October 2011	34/70 = 49%
February 2012	32/74 = 43%
October 2012	32/74 = 43%
March 2013	28/75 = 37% (for HK local candidates)
October 2013	28/74 = 38%
February 2014	29/74 = 39%
•	(for HK local candidates)
October 2014	21/74 = 28%
March 2015	36/75 = 48%
October 2015	35/75 = 47%
March 2016	40/75 = 53%
October 2016	36/75 = 49%
March 2017	26/74 = 35%
October 2017	26/75 = 35%
March 2018	32/75 = 43%
October 2018	38/75 = 51%
March 2019	46/85 = 54%
October 2019	47/86 = 55%
No examination had be	een conducted in 2020
March 2021	81/119 = 68%
October 2021	84/120 = 70%
June 2022	50/87 = 57%
October 2022	32/72 = 44%
March 2023	54/89 = 61%
October 2023	46/89 = 52%
April 2024	43/76 = 57%

Joint HKCPIE/MRCP April PACES 2024 Pass List

Chan Chi Ching

Chan Ho Ching

Chan Hui Yiu

Chan Nga Lai

Chan Tsz Ching

Chau Chiu Yeung

Chen Han

Cheng Kin Lam Martin

Cheng Tak Ho

Choi Man Yui

Chow Tai Cheong

Fung Hoi Wing Tiffany

Fung Tin Long

Ho Kin Chung

Ho Pui Sum Christine

Hung Lok Tin

Kwok Andrew John

Lam Man Wai

Lau Hiu Ching

Lau King Yin

Lau Wai Sum

Lee Ka Chun

Li Kang

Liang Yun

Lo Tsun Hei

Lok Tsun Ming

So Ka Ming

Tai Tsz Ho

Tai Tsz Long

Tam In Wai

Tang Kristy

Tse Wai Kwan

Wong Hok Tsz

Wong Kin Meng

Wong Lap Chung John

Wong Man Hin

Wong Tsz King

Wong Yu

Wong Yu Ching Esther

Wong Yui Sum

Woo Won Dong Samuel

Xu Xiao Jiang

Yim Chun Tang



Prof David Shu-Cheong HUI explained the dissertation requriements and introduced the College's support on research to young investigators

Report on Second Research Workshop

Dr Helen Shuk Ying CHAN

Secretary of Young Fellows and Trainees Committee

Medical research is crucial in developing new knowledge to improve patient care. Trainees, through participating in medical research, can keep up with the advances in clinical medicine and promote critical thinking, that's why it has become an essential component in our medical training. However, conducting research is never an easy task. From topic selection, hypothesis generation, study design, data entry, and analysis to manuscript writing, every step requires sufficient preparation and precise execution. Various studies have demonstrated that

structural training is one of the potential ways to encourage active participation in research from medical trainees.

The half-day research workshop was held on 16 March 2024 at Queen Elizabeth Hospital, with more than 70 higher physician trainees attending the workshop. Prof. David Shu-Cheong Hui started the workshop by explaining the dissertation requirements and introducing the College's support network to encourage trainees to pursue research projects for academic and professional growth. It is followed by "What does the

examiner want in dissertation?" by Dr Aloysius Cheung-Hei Choi (Consultant, Department of Medicine, QEH). Dr Choi used interesting perspectives to highlight what makes a good dissertation and pointed out common mistakes that he candidates have made, e.g. wrong classification of groups, discrepancies between words and figures, dissociation between study results and discussion/conclusion, wrong format, plagiarism, etc.

Dr Rex Wan-Hin Hui (Clinical Practitioner, Department of Medicine, HKU) gave his tips on how to select a good dissertation topic, taking into account the availability of expertise (topic and technical) and resources (data, hardware and software). A step-by-step guide on conducting longitudinal studies was presented by Dr Candy Hoi-Yee Kwan (Chief of Service, Department of Respiratory Medicine, KH), she also stressed the importance of "cleaning" data before analysis. Lastly, Dr Jimmy Che-To Lai (2022 Best Thesis Award (Gold Medal) Winner) summarized his journey in preparing his dissertation and suggested ways to prepare

for the viva. We are also honored to have Dr Terry Cheuk-Fung Yip (Assistant Professor, Department of Medicine and Therapeutics, CUHK), who walked the audience through the basics of biostatistics, the current trend and the solutions to overcome issues of using big data on medical research.

The workshop was well valued by the participants, many of them found the talks enhanced their research and statistical skills, and they were more engaged in conducting research. The workshop would not have been a tremendous success without the enduring support from the College Council and the Secretariats. We would like to express our heartfelt gratitude to all the amazing guest speakers, who dedicated their time and effort to prepare for the talks.

Lastly, we are delighted to announce that The Young Fellows and Trainees Committee is now on Instagram! Follow @YoungPhysicians.hkcp to keep up to date with our latest news! If you have other opinions and suggestions for our future activities, you can also reach us at hkcp.yftc@gmail.com! Let's stay in touch!

Topics covered in the 2nd Research Workshop

Introduction	Prof. David Shu-Cheong HUI Chairman & Stanley Ho Professor of Respiratory Medicine, Department of Medicine & Therapeutics, CUHK Council Member, HKCP
What do examiners want in dissertations?	Dr. Aloysius Cheung-Hei CHOI Consultant, Department of Medicine, Queen Elizabeth Hospital
How to select a suitable topic for my dissertation?	Dr. Rex Wan-Hin HUI Clinical Practitioner, Department of Medicine, HKU
Statistics 101 & big data	Dr. Terry Cheuk-Fung YIP Assistant Professor, Department of Medicine and Therapeutics, CUHK
Data skills	Dr. Terry Cheuk-Fung YIP Assistant Professor, Department of Medicine and Therapeutics, CUHK
Practical tips for longitudinal studies	Dr. Candy Hoi-Yee KWAN Chief of Service, Department of Respiratory Medicine, Kowloon Hospital
Experience sharing	Dr. Jimmy Che-To LAI 2022 Best Thesis Award (Gold Medal) Winner



Dr Candy Hoi-Yee KWAN provided us practical tips on conducting longitudinal studies



Dr Helen Shuk-Ying CHAN presented a souvenir to Dr Aloysius Cheung-Hei CHOI who shared valuable insights on the key expectations and criteria in dissertations



Professor Terry YIP shared us invaluable tips with us on statistical analysis and big data analytics skills



Dr Rex HUI provided us with a comprehensive overview of the key considerations for selecting dissertation topics



Dr Jimmy LAI, the Gold award winner of the Best Thesis Award 2023, shared his experience in writing a dissertation with the audience



Dr Jacqueline SO (left) and Dr Heyson CHAN (middle) enjoyed a great lunch and inspiring afternoon with Dr Candy KWAN (right)

Lunch with Dr Candy Hoi Yee KWAN

Dr Jacqueline SO

Co-Chairman, Young Fellows and Trainees Committee

Dr Heyson CHAN

Past Chairman, Young Fellows and Trainees Committee

It was a rainy day, but our moods were not dampened as we were thrilled to have lunch with Dr Candy Kwan Hoi Yee. Dr Kwan, a CUHK graduate, is a respiratory physician working at Kowloon Hospital. Get this -she is the youngest Chief of Service in the Medical Department in Hong Kong and also a Council member of the Hong Kong College of Physicians.

Dr Kwan walked in with a warm, big smile that instantly put us at ease. We kicked off the conversation by asking about her decision to pursue medicine. Turns out, she is a "thinking type" who is fascinated by the broad spectrum of diseases in medicine. She enjoys the detective-like process of making diagnoses and finds genuine joy

in it. Surprisingly, she also disliked having to change scrubs before getting into the operating theater, especially in the chilly early mornings – a big deterrent from the surgical field.

Later, her experience working in the "dirty team" during the SARS pandemic in Hong Kong influenced her to become a pulmonologist. She enjoys being a physician as she can serve people from different walks of life. She realized that being a good physician is about more than just treating medical problems; it is also about providing holistic care, including addressing patients' socioeconomic and family issues. That's why she focused on pulmonary rehabilitation, helping patients get back into the

community. She later obtained the European Respiratory Society Fellowship to conduct research in multidisciplinary pulmonary rehabilitation and eventually implemented the model in Kowloon Hospital.

Throughout her training, Dr Kwan was grateful to have encountered wonderful mentors who demonstrated great leadership qualities and shaped her. She values keeping a curious mind, as it drives self-learning and continuous growth. "An open mind and always being prepared for opportunities" - that's her motto.

Dr Kwan's childhood dream was to become a teacher, and her love of education has never left her. A few years ago, the opportunity to work in the Training Subcommittee of COC (MED) reignited that passion, and she was determined to improve the physicians' training curriculum. She has pioneered the simulation training, core medical skills course (CMSC), and advanced medical skills course (AMSC) for trainees. Now, CMSC and AMSC are mandatory from 2019 and 2023 respectively, all thanks to her and her team's collective effort. Dr Kwan believes that with the evolving standards, the traditional "see one, do one, teach one" approach needs to be updated to improve doctors' competency and patient safety.

The simulation training provides a platform for bi-directional feedback on case management between the team members and supervisors, which could further deepen the learning experience. With the tremendous support from College senior advisor Prof. Richard Yu and past president Prof. Philip Li, the first simulation training for physicians was successfully organized in 2018, receiving many positive feedbacks. Dr Kwan humbly gives credit to her teammates

for this achievement. Dr Kwan acknowledged the limitations of simulation workshops due to time and resource constraints, but she sees this as a crucial step in curriculum development. It also presents an opportunity to instill a mindset of continuous learning in trainees. Her bigger wish is to nurture the trainees and inspire them to become good trainers one day. With the support of College President Prof. TM Chan in improving the training curriculum to uphold trainees' standard, Dr Kwan is excited to introduce the next step: competency-based assessments including those conducted at the workplace, which could further strengthen trainees' clinical competency. Regardless of the different training programs, Dr Kwan stressed the importance of clinical experience in medicine. Sharing experience via coaching is vital, as the same diseases can have variable presentations. We all learn from our patients. and ultimately, experience guides us to make the most appropriate diagnosis out of a long list of differential diagnoses.

Dr Kwan is not all work and no play. She loves unwinding by watching Korean cooking shows and reality TV and comedy movies with her husband. She is also an avid traveler, which suits her adventurous character. She enjoys planning trips, exploring new places, and trying out diverse cuisines. These short breaks allow her to recharge herself and improve her overall well-being.

Our lunch was filled with laughter and giggles. From our first encounter, we found Dr Kwan to be a friendly, charismatic, humble and affectionate person – a true leader with a heart of gold. Her contributions to improving post-graduate medical education in Hong Kong are truly inspiring. She's undoubtedly a role model for young physicians.



HONG KONG COLLEGE OF PHYSICIANS

Room 603
Hong Kong Academy of Medicine Jockey Club Building
99 Wong Chuk Hang Road
Aberdeen
Hong Kong
Tel 2871 8766 Fax 2556 9047
email enquiry@hkcp.org
College Website http://www.hkcp.org